





Candy Cane Cannoli Cones



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1/4th of recipe (1 cone): 143 calories, 4g total fat (2.5g sat. fat), 117mg sodium, 19g carbs, 0.5g fiber, 11g sugars, 6.5g protein

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Prep: 10 minutes



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<u>Minutes or Less</u>

Ingredients

1 cup light/low-fat ricotta cheese 2 no-calorie sweetener packets (like Splenda or Truvia) 1/2 tsp. vanilla extract 1/8 tsp. peppermint extract 1 1/2 tbsp. mini semi-sweet chocolate chips 4 sugar cones 2 mini candy canes, crushed

Directions

In a medium bowl, combine ricotta cheese, sweetener, vanilla extract, and peppermint extract. Mix until uniform.

Stir in 1 tbsp. chocolate chips. Spoon ricotta mixture into cones.

Top with crushed candy canes and remaining 1/2 tbsp. chocolate chips.

MAKES 4 SERVINGS

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