



## Creamy Caramel Iced Vanilla Latte



Entire recipe: 53 calories, 3g total fat (1.5g sat. fat), 101mg sodium, 5g carbs, 0.5g fiber, <0.5g sugars, 0.5g protein

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**Prep:** 5 minutes



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### Ingredients

2 tsp. sugar-free French vanilla powdered creamer  
1 tsp. French vanilla instant coffee (like [the kind by Nescafé](#))  
1 packet natural no-calorie sweetener  
1/4 tsp. caramel extract (like [the kind by Watkins](#))  
1/2 cup unsweetened vanilla almond milk  
1-1 1/2 cups ice

### Directions

In a tall glass, combine creamer, instant coffee, sweetener, and caramel extract. Add 1 oz. hot water. Stir to dissolve.

Add almond milk and 3 oz. cold water. Stir well.

Fill glass with ice.

MAKES 1 SERVING

**HG Alternative:** For a less sweet version, leave out the sweetener packet.

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