



## Freezy-Cool Whoopie Pie



Entire recipe: 115 calories, 1.5g total fat (1g sat. fat), 145mg sodium, 24g carbs, 6g fiber, 10g sugars, 3g protein

**Prep:** 5 minutes

**Freeze:** 1 hour



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### Ingredients

- 1 Vitalicious Deep Chocolate VitaTop (partially thawed)
- 2 tbsp. Cool Whip Free (thawed)

### Directions

Carefully slice VitaTop in half lengthwise (like you would a hamburger bun), so that you are left with 2 thin round "slices."

Spread Cool Whip on one slice and top with the other slice. Place on a plate and freeze until solid, about 1 hour. Enjoy!

MAKES 1 SERVING

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