





## German Cauliflower Potato Salad



1/8th of recipe (about 3/4 cup): 83 calories, 0.5g total fat (0.5g sat fat), 406mg sodium, 15.5g carbs, 3g fiber, 6.5g sugars, 3.5g protein

Blue Plan (Freestyle<sup>™</sup>) SmartPoints® value 2\*

**Prep:** 15 minutes **Cook:** 15 minutes



Tagged: Recipes for Sides, Starters & Snacks, 30 Minutes or Less, Four or More Servings

## **Ingredients**

5 cups roughly chopped cauliflower (about 1 head)
10 oz. (about 4) baby red potatoes, cut into bite-sized pieces
3 cups bagged coleslaw mix
1 cup chopped onion
1/4 cup seasoned rice vinegar
3 tbsp. precooked real crumbled bacon (like the kind by Oscar Mayer)
2 tbsp. mild Dijon mustard
1 1/2 tsp. granulated sugar
1/8 tsp. salt
Dash black pepper
1/4 cup chopped scallions

## **Directions**

Place cauliflower and potatoes in a large microwave-safe bowl with 1/3 cup water. Cover and microwave for 6 minutes. Stir, re-cover, and microwave for 6 minutes, or until tender. Once cool enough to handle, drain excess water.

Meanwhile, bring a large skillet sprayed with nonstick spray to medium-high heat. Add coleslaw mix and onion. Cook and stir until slightly browned and softened, about 8 minutes.

Add skillet contents to the drained cauliflower/potatoes in the large bowl.

To make the dressing, combine all remaining ingredients *except* scallions in a microwave-safe bowl. Add 2 tbsp. water and stir. Microwave for 1 minute, or until warm. Mix thoroughly.

Add dressing to the large bowl, and toss to coat. Stir in scallions.

## **MAKES 8 SERVINGS**

<u>SmartPoints</u>® value\* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the <u>SmartPoints</u>® values\* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

\*The <u>SmartPoints</u>® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the <u>SmartPoints</u>® trademark.

Publish Date: June 25, 2018 Author: Hungry Girl Copyright © 2020 Hungry Girl. All Rights Reserved.