





Pizza-mazing French Fries



Entire recipe: 264 calories, 6.5g total fat (4g sat. fat), 544mg sodium, 36.5g carbs, 3.5g fiber, 3.5g sugars, 15.5g protein

Click for WW Points® value*

Prep: 10 minutes **Cook:** 30 minutes



More: Recipes for Sides, Starters & Snacks, Single Serving

Ingredients

1/4 cup canned crushed tomatoes

1/4 tsp. garlic powder, or more to taste 1/8 tsp. onion powder, or more to taste 1/8 tsp. Italian seasoning, or more to taste

6 oz. (about half a medium) russet potato, scrubbed clean, cut into fry-shaped spears

1/4 cup shredded part-skim mozzarella cheese

6 pieces turkey pepperoni (optional: roughly chopped)

Optional seasoning: salt

Directions

Preheat oven to 425 degrees. Spray a baking sheet with nonstick spray.

To make the sauce, in a small bowl, stir garlic powder, onion powder, and Italian seasoning into crushed tomatoes.

Lay potato spears on the sheet, and bake for 15 minutes. Flip spears. Bake until tender on the inside and browned and crispy on the outside, 8 - 10 minutes.

Group fries together in the center of the baking sheet. Evenly top with sauce, cheese, and pepperoni. Bake until sauce and pepperoni are hot and cheese has melted, about 3 minutes.

MAKES 1 SERVING

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free product samples, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our editorial and advertising policies.

*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark. For those on the Diabetic Plan, values may vary.

Questions on the WW Points® values listed? Click here.

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. Click here for more information.

Publish Date: April 28, 2015 Author: Hungry Girl Copyright © 2025 Hungry Girl. All Rights Reserved.