



Hot 'n Fruity Quinoa Bowl



Entire recipe: 252 calories, 5.5g total fat (0g sat. fat), 295mg sodium, 45.5g carbs, 8g fiber, 8g sugars, 7.5g protein

Prep: 5 minutes **Cook:** 15 minutes

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Ingredients

1/4 cup uncooked quinoa, thoroughly rinsed
1 no-calorie sweetener packet (like Splenda or Truvia)
1/8 tsp. cinnamon
Dash salt
3/4 cup [Unsweetened Vanilla Almond Breeze](#)
1/4 cup blueberries
1/4 cup raspberries
1/4 cup chopped strawberries

Directions

In a nonstick pot, combine quinoa, sweetener, cinnamon, and salt. Mix in Almond Breeze and 1/3 cup water.

Bring to a boil, and then reduce to a simmer. Cook and stir until most of the liquid has been absorbed and quinoa is fully cooked, 12 - 14 minutes.

Stir in all the berries, and transfer to a medium bowl. Enjoy!

MAKES 1 SERVING

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