



Pizza-fied Veggie Tots



Developed by Hungry Girl; brought to you by [Green Giant](#).

1/4th of recipe (about 7 tots): 195 calories, 8g total fat (2g sat fat), 691mg sodium, 23g carbs, 7.5g fiber, 4g sugars, 6.5g protein

Green Plan [SmartPoints](#)® value 6*

Blue Plan (Freestyle™) [SmartPoints](#)® value 6*

Purple Plan [SmartPoints](#)® value 6*

Prep: 5 minutes **Cook:** 20 minutes 

Ingredients

One 16-oz. bag [Green Giant Cauliflower Veggie Tots](#)
1/2 cup canned crushed tomatoes
1/2 tsp. garlic powder
1/2 tsp. onion powder
1/2 tsp. Italian seasoning
1/3 cup shredded part-skim mozzarella cheese
1/2 oz. (about 8 pieces) turkey pepperoni, chopped
Optional toppings: chopped fresh basil, fresh oregano

Directions

Preheat oven to 425 degrees. Spray a baking sheet with nonstick spray.

Place Veggie Tots on the sheet, and bake until golden and crisp, 12 - 14 minutes.

Meanwhile, in a medium bowl, stir seasonings into crushed tomatoes.

Closely arrange tots on the center of the sheet. Evenly top with sauce, cheese, and chopped pepperoni.

Bake until cheese has melted, about 3 minutes.

MAKES 4 SERVINGS

SmartPoints® value* not what you expected? We follow the same method as Weight Watchers when calculating recipe values: We add up the **SmartPoints**® values* of the individual ingredients using the Recipe Builder. (Many foods have a value of zero and remain zero in recipes.)

*The **SmartPoints**® values for these recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by Weight Watchers International, Inc., the owner of the **SmartPoints**® trademark.