



## Sparkling Spiced Apple Sangria



1/10th of recipe (about 1 cup): 133 calories, 0g total fat (0g sat. fat), 15mg sodium, 13g carbs, 1g fiber, 11.5g sugars, 0g protein

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**Prep:** 10 minutes

**Chill:** 4 hours



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### Ingredients

3 cups thinly sliced and halved Fuji or Gala apples (about 3 apples)  
2 cups light apple juice drink (like the kind by Trop50 or Mott's), chilled  
1 cup cinnamon-flavored whiskey (like the kind by Fireball)  
One 750-ml. bottle dry sparkling white wine, chilled  
2 cups club soda, chilled  
Optional garnish: cinnamon sticks

### Directions

Place apples in a very large pitcher or serving bowl (at least 2-quart capacity). Add apple juice drink and whiskey, and gently stir.

Cover and refrigerate for at least 4 hours. (The longer it sits, the more flavorful it gets!)

Just before serving, add sparkling white wine and club soda, and gently stir.

**MAKES 10 SERVINGS**

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