



Strawberry Frojitos



1/2 of recipe (about 10 oz.): 164 calories, 0g total fat (0g sat. fat), 2mg sodium, 18.5g carbs, 3g fiber, 8g sugars, 0.5g protein

[Click for WW Points® value*](#)

Prep: 5 minutes



More: [Drink Recipes \(Smoothies, Cocktails & More\)](#), [Vegetarian Recipes](#), [30 Minutes or Less](#), [5 Ingredients or Less](#), [Gluten-Free](#)

Ingredients

10 mint leaves
3 packets natural no-calorie sweetener (like Truvia)
2 limes, quartered, for a total of 8 wedges
2 cups frozen unsweetened strawberries, slightly thawed
3 oz. rum
1 1/2 cups crushed ice or 8 - 12 ice cubes

Directions

Divide mint and sweetener between 2 glasses. Add 2 lime wedges to each glass. Muddle (a.k.a. mash) the contents of each glass.

Add strawberries, rum, and ice to a blender. Add 2 tbsp. water and the juice from the remaining 4 lime wedges. Blend at high speed until smooth, stopping and stirring if needed.

Pour into the glasses, and stir.

MAKES 2 SERVINGS

We may receive affiliate compensation from some of these links. Prices and availability are subject to change.

We may have received free product samples, which in no way influences whether these products are reviewed favorably, unfavorably, mentioned with indifference, or mentioned at all. Click for more about our [editorial](#) and [advertising](#) policies.

*The WW Points® values for these products and/or recipes were calculated by Hungry Girl and are not an endorsement or approval of the product, recipe or its manufacturer or developer by WW International, Inc., the owner of the Points® trademark. For those on the Diabetic Plan, values may vary.

Questions on the WW Points® values listed? [Click here.](#)

Hungry Girl provides general information about food and lifestyle. This information and any linked materials are not intended and should not be construed as medical advice, nor is the information a substitute for professional medical expertise or treatment. [Click here](#) for more information.